

TRACK AND FIELD PROGRAM 3
PROGRAM 3

BOYS TRACK	8	9	10	11	12	13	14	15/16
200 m	X	X	X	X	X	X	X	X
800 m		X	X	X	X	X	X	X
60 m Hurdles	X	X	X					
80 m Hurdles				X	X			
200 m Hurdles						X	X	
300 m Hurdles								X

BOYS FIELD	8	9	10	11	12	13	14	15/16
Long Jump	X		X	X			X	
Triple Jump						X		
High Jump		X			X			X
Shot Put	X		X	X				
Discus		X			X			
Javelin						X	X	X

GIRLS TRACK	8	9	10	11	12	13	14	15/16
200 m	X	X	X	X	X	X	X	X
800 m		X	X	X	X	X	X	X
60 m Hurdles	X	X	X					
80 m Hurdles				X	X			
200 m Hurdles						X	X	
300 m Hurdles								X

GIRLS FIELD	8	9	10	11	12	13	14	15/16
Long Jump	X		X	X		X		
Triple Jump							X	
High Jump		X			X			X
Shot Put	X		X	X				
Discus		X			X			
Javelin						X	X	X